

Llama Personal Gear List

Stuff sack for clothes approximately 12"x24"

Sleeping bag with stuff sack

Extra heavy duty garbage bags (water proofing in sacks)

Therma-rest sleeping pad

2 short sleeve shirts

2 long sleeve fleece shirts

2 pairs of shorts

2 pairs of fleece pants

Long underwear

3 pairs of hiking socks

Underwear

Fleece jacket or pullover

Down jacket

Stocking/fleece hat

Ball cap or sun hat

Shoes for camp (light weight running shoes)

Toiletries in small bottles in a zip lock bag

Sun glasses

Headlamp or flashlight

Extra batteries

Sunscreen

Day pack

Water bottles or camel back

Good rain pants and jacket

Gloves

Matches

Limit 20 pounds